

1 SJR7
2 197728-1
3 By Senators Burkette, Smitherman, Sanders-Fortier, Singleton,
4 Albritton, Allen, Barfoot, Beasley, Butler, Chambliss,
5 Chesteen, Coleman-Madison, Dunn, Elliott, Figures, Givhan,
6 Gudger, Holley, Jones, Livingston, Marsh, McClendon, Melson,
7 Orr, Price, Reed, Roberts, Scofield, Sessions, Shelnut,tt,
8 Stutts, Waggoner, Ward, Whatley and Williams
9 RFD:
10 First Read: 19-MAR-19

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8 RECOGNIZING MAY 2019 AS STROKE AWARENESS MONTH.

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10 WHEREAS, nearly two million brain cells die each
11 minute a stroke remains untreated; rapid access to medical
12 treatment may make the difference between a full recovery and
13 permanent disability; it is important to know the signs of a
14 stroke and act F.A.S.T., which stands for face drooping, arm
15 weakness, speech difficulty, time to call 911; and

16 WHEREAS, strokes can happen to anyone at any age;
17 they are the fifth leading cause of death in the U.S. and a
18 leading cause of severe disability; however, 80 percent of all
19 strokes are preventable; and

20 WHEREAS, in the U. S., more than 795,000 people have
21 a stroke each year; statistics indicate that one out of every
22 19 deaths is caused from strokes; and

23 WHEREAS, the American Heart Association/American
24 Stroke Association's seven tips for preventing strokes are as
25 follows:

26 Manage blood pressure,
27 Control cholesterol,

1 Reduce blood sugar,
2 Get active,
3 Eat better,
4 Lose weight, and
5 Stop smoking; now therefore,

6 BE IT RESOLVED BY THE LEGISLATURE OF ALABAMA, BOTH
7 HOUSES THEREOF CONCURRING, That we recognize the month of May
8 2019 as Stroke Awareness Month and encourage the citizens of
9 Alabama to become aware of the signs and symptoms of strokes,
10 their complications, proper medical treatment, and prevention.